JUNE 27, 2018
PROJECT SAFETY NET
COMMUNITY MEETING
Supporting and Partnering with LGBTQ+ Youth: What It Truly Means To Be An Ally
PSN MISSION

Our mission is to develop and implement an effective, comprehensive community-based mental health plan for overall youth well-being in Palo Alto.

The plan includes education, prevention and intervention strategies that together provide a Safety Net for youth and teens in Palo Alto, and defines our community's teen suicide prevention efforts.
MEETING AGENDA
6-27-18
3:30-5:30PM

3:30 Welcome & Introductions
3:35 Community Sharing
3:45 Partner-In-Action Presentation: PFLAG
   - Jerry Underdal, PFLAG Member
4:15 Partner-In-Action Presentation:
   Palo Alto Unified School District LGBTQ Committee
   - Joel Siapno, RN
   District Nurse and LGBTQ Committee Member,
   Palo Alto Unified School District
4:45 Partner-In-Action Presentation: Outlet Support Groups
   - Sarah Burdge, PhD,
   Clinical Director, Adolescent Counseling Services
5:15 PSN Backbone Report – Mary Gloner, Executive Director
5:25 Closing, Next Meeting Reminder, and Thank You
5:30 Adjourn
"We should indeed keep calm in the face of difference, and live our lives in a state of inclusion and wonder at the diversity of humanity."

- George Takei
COMMUNITY SHARING & ANNOUNCEMENTS

Take 3 minutes to share:

1. Who am I?

2. What advice do I have for others seeking to live in a state of inclusion and wonder?

3. What upcoming activities or events would I like to announce?
PARTNER-IN-ACTION:
PFLAG
JERRY UNDERDAL
PFLAG MEMBER
Palo Alto Unified School District

PARTNER-IN-ACTION:
PAUSD LGBTQQQ COMMITTEE
JOEL SIAPNO, RN

DISTRICT NURSE, PAUSD LGBTQQQ COMMITTEE MEMBER
PARTNER-IN-ACTION
ACS: OUTLET
SARAH BURDGE
PhD, CLINICAL DIRECTOR
Franchesca Ramsey
Video Blogger & Stronger Communities
LGBTQ+ Suicide Prevention Conference Presenter

https://youtu.be/_dq86g-QIM0
May is Mental Health Matters Month- Impact Summary

May 5- May Fete Parade & Outreach Fair
Art Activities for Children
Youth Well-Being & Suicide Prevention Resources Distributed
Developmental Assets Brochures
“Know the Signs” Fact Sheets

May 17 & 24- Youth Mental Health First Aid Training at Mitchell Park
20 New Community Members Trained!

May 23- PSN Forum on Policy Advocacy
Presentations from American Foundation for Suicide Prevention, Palo Alto YMCA,
Santa Clara County Suicide Prevention Oversight Committee, Young Minds Advocacy
30 PSN Network Members Participating!
### 2017-18 Highlights

**Goal 1: Collaboration, Development, Coordination & Continuous Communications**

- Sponsored 100 hours of event space for 20 partners
- 250 attendance of PSN community meetings, forums, and stakeholder convening
  * mental health services, means restriction, policy/advocacy, art therapy, youth engagement, developmental assets
- Media response
  * 13 Reasons Why – Season 2
  * The Valley
  * local and international requests
### 2017-18 Highlights

| Goal 2: Community Education, Outreach & Training | • May Mental Health Matters Month  
• September Suicide Prevention Awareness Month  
• Youth Mental Health First Aid Training & QPR |
| --- | --- |
| Goal 3: Youth Mental Health Care Services | • Increase youth mental health inpatient beds in Santa Clara County  
• Increase knowledge and coordination regarding intensive outpatient mental health care |
| Goal 4: Policy & Advocacy | • PAUSD Suicide Prevention Policy  
• Youth Connectedness Initiative  
• County Inpatient youth mental health services  
• Mental Health Services Act (MHSA) County Plan  
• City of San Jose and Milpitas Suicide Prevention Policies  
• State Legislation |
|--------------------------|------------------------------------------------------------------|
| Goal 5: Evaluation & Shared Measurement | • Evaluating PSN Community Forums  
• PAUSD student data: Developmental Assets  
• County Suicide Prevention Oversight Committee |
| Goal 6: Strengthen Backbone Support & Sustainability | • Leadership Restructure: Executive Advisory Board & Leadership Team  
• Sustainability activities: fiscal agency, budget, staffing plans, resource/investment development |
THANK YOU!

UPCOMING PSN COMMUNITY MEETING:

JULY 25, 2018 | 5:00-7:00PM

LAST SUMMER PREMIERE

PALO ALTO ART CENTER AUDITORIUM
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