Welcome to the Project Safety Net Community Meeting!
Our mission is to develop and implement an effective, comprehensive community-based mental health plan for overall youth well-being in Palo Alto.

The plan includes education, prevention and intervention strategies that together provide a Safety Net for youth and teens in Palo Alto, and defines our community's teen suicide prevention efforts.
Today’s Agenda
June 28, 2017

A. Welcome & Agenda Review
B. Partner-In-Action: LGBTQ Youth Space
C. Youth-in-Action: Vivian Nguyen, PSN Social Justice Intern
D. Community Sharing
E. PSN Update
F. Networking
Partner-In-Action:
The LGBTQ Youth Space
Youth-In-Action:
Vivian Nguyen, PSN Social Justice Intern
“The first step toward change is awareness. The second step is acceptance.”

~ Nathaniel Branden
Please take 3 minutes to share:

• Who am I?

• What experiences in your life (good or bad), help shape your efforts to promote youth wellbeing in Palo Alto?

• What upcoming activities or events that I would like to announce?
Goal 2 – Community Education, Outreach and Training

- Youth led initiatives
  - School based: SOS, ROCK, Bring Change To Mind, Changing The Narrative
  - Community: WOPAC, Speak Mindfully Campaign
- Parent education
  - Parent Project by City of Palo Alto Police Department
  - Mental health workshops
- Expansion of City of Palo Alto teen services
- Integration of creative arts, curriculum, and mental health awareness
  - Youth Speaks Out
  - Films: UnMasked and Tug of War
- Compendium of suicide prevention and mental health trainings
  - Mental Health First Aid
  - QPR: Question Persuade Refer
  - SafeTALK
  - ASIST: Applied Suicide Intervention Skills Training
## PSN Community Momentum & Engagement

### Goal 3 – Youth Mental Health Care Services
- Expansion of integrated school-based mental health services
- Increase in-patient beds and intensive outpatient services
- Culturally tailored community based mental health services

### Goal 4 – Policy and Advocacy
- School District Suicide Prevention Policy
- Social Emotional Learning
- Railway Safety
- Means Restriction Advisory Workgroup
- Financial Investment (city, county, healthcare, universities)

### Goal 5 – Evaluation and Shared Measurement
- CDC/SAMHSA Epi-Aid Investigation on Youth Suicide in Santa Clara County
- Partner Datasets
  - Project Cornerstone/YMCA Developmental Assets
  - PAUSD Assessments (CHKS, Alcohol/Substance Use Initiative)
  - City of Palo Alto (Community Service, Police Department, Utilities)
- PSN Community Survey
- Community Based Participatory Research (Stanford & Palo Alto University)
### 2017 – 2020 PSN Roadmap
#### 2017-2018 Collaborative Action Team Priorities

#### Goal 2 – Community Education, Outreach and Training
- ThinkFund Palo Alto Youth Mental Health Challenge Grant
- Universal on-boarding and continuing education for youth professionals
- QPR Train-the-Trainer

#### Goal 3 – Youth Mental Health Care Services
- Service Assessment
- Youth Mental Health Resource Directory

#### Goal 4 – Policy and Advocacy
- Develop policy agenda for 2018-20
- Means Restriction Advisory Group

#### Goal 5 – Evaluation and Shared Measurement
- Community dissemination of current data (Developmental Assets, California Healthy Kids, Epi-Aid, PSN Community Survey, etc.)
- PSN Roadmap Baseline Annual Report
Thank You!
PSN Collaborative Action Team Meeting
August 23rd, 3:30-5:30pm
Embarcadero Room, Rinconada Library
Networking
Our mission is to develop and implement an effective, comprehensive community-based mental health plan for overall youth well-being in Palo Alto.

The plan includes education, prevention and intervention strategies that together provide a Safety Net for youth and teens in Palo Alto, and defines our community's teen suicide prevention efforts.