Welcome to the
Project Safety Net Community Meeting!
Resilience and Sustainability
Our mission is to develop and implement an effective, comprehensive community-based mental health plan for overall youth well-being in Palo Alto.

The plan includes education, prevention and intervention strategies that together provide a Safety Net for youth and teens in Palo Alto, and defines our community's teen suicide prevention efforts.
A. Welcome & Introductions

B. PSN Backbone Report
   2017 Year In Review
   2018 PSN Program Calendar

C. Collectively Planning for PSN’s Sustainability & Resiliency
   PSN Infrastructure and Fiscal Agency Update
   Collective Impact Webinar
   Facilitated Participant Activity

D. Community Sharing & Announcements

E. Closing, Meeting Reminder & Thank You
Welcome
Project Safety Net Backbone Report
Faith is taking the first step even when you don’t see the whole staircase.

Martin Luther King Jr.
2017 Year In Review

* Community Impact
  * 12 Community Collaborative Meetings/Forums
  * 500+ Community Members Engaged Including Local Leaders, Mental Health and Social Service Providers, Parents and Youth
  * 50+ PSN Community Partner Organizations
  * QPR Trainings and Youth Mental Health First Aid Workshops
  * Awareness Raising of Community Partner Events & Resources through PSN Website and Social Media Channels
2017 Year In Review

* Youth-In-Action Presentations
  * Vivian Nguyen, *May is Mental Health Matters Month Art Project*
  * Zach Gibson, “Tug of War”
  * Meghna Singh, “Life Trajectories of PAUSD Alumni”

* Partner-In Action Presentations
  * Young Minds Advocacy
  * Project Cornerstone
  * Children’s Health Council (CHC)
  * LGBTQ Youth Space
  * CASSY
**Major Accomplishments**

- CDC Epi-Aid Report & Community Survey
- Developmental Assets Community Forum
- Think Fund Mental Health Challenge Grant Announcement
- Launch of PSN 2.0, Project Safety Net’s 3-Year Strategic Road Map
2018 Program Calendar

* Driven by PSN 2.0 Road Map Goals

* Monthly Community Meetings Featuring a Theme or Issue Area
  * Collaborative Action Team led
  * Roadmap focused
  * Community engagement and partner highlights

* Outreach Events
  * Enhance Presence in the Community
  * Raise Awareness of PSN’s Work
  * Promote Community Resources
Collectively Planning for Sustainability and Resiliency
* **Elevate partnership engagement through Collaborative Action Teams (CAT)**
  * Annual priority setting
  * Identify impact measurements
  * Lead and design community meeting
  * Contribute to annual report

* **Leadership restructure and transition (Jan – Mar)**
  * Executive Advisory Board – governance, fiscal agency & sustainability
  * Leadership Team – Roadmap advancement and coordination; community engagement
Collective Impact Webinar & Facilitated Participant Activity

* Collective Impact Forum Webinar (10 min)

* Facilitated Participant Activity (40 min)
  * Introduction to Sustaining Collective Impacts Tool
  * Mapping Community Change Exercise & Reflections
  * Group Discussion
### Collective Impact Webinar & Facilitated Participant Activity

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<thead>
<tr>
<th>Traps</th>
<th>Description</th>
<th>Challenges</th>
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<tr>
<td><strong>SCARCITY</strong></td>
<td>• Too few resources to explore new ideas so few or none take root.</td>
<td>• The ideas are not compelling.</td>
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<td>• Struggle to &quot;birth&quot; outcomes and support from broader community.</td>
<td>• Underdeveloped decision-making process &amp; criteria.</td>
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<td>• Members disagree on what to pursue.</td>
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<td>• Members have insufficient credibility.</td>
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<td>• Energy spread too thin across many directions.</td>
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<td><strong>CHARISMA</strong></td>
<td>• Unable to sustain or grow the work without original founder, host or primary funder.</td>
<td>• Over reliance on key – often founding – members</td>
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<td>• &quot;Parasitic&quot; on the host(s) that gave it birth.</td>
<td>• Dependence on start-up pool of resources.</td>
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<td>• Approach works well only at a certain scale or in unique context.</td>
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<td><strong>RIGIDITY</strong></td>
<td>• People are unable or unwilling to change or end an approach that no longer fits its context</td>
<td>• Focus on immediate return</td>
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<td>• Resistance to new ideas</td>
<td>• Fear of uncertainty and self-Interest.</td>
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<td>• Lack of clear exit rules, Pressure to continue by core constituency.</td>
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<td>• Concern over perception of failure.</td>
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<td><strong>CHRONIC DISASTER</strong></td>
<td>• People are ‘spinning’</td>
<td>• Inability to let go of the past</td>
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<td>• Unable to get traction on a compelling new vision, values and intent</td>
<td>• Weak trust among members, volatile culture</td>
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<td>• Difficulty agreeing on shared vision and values.</td>
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Mapping Community Change
Exercise & Reflections

The Phases of Community Change Eco-Cycle Worksheet

Map the following on the Eco-Cycle:
M = Me
D = Department
O = Organization
C = Collaborative

- What does the mapping exercise mean for your work right now?
- How might you improve outcomes for your organization or with your community partners?
- What are some possible first steps?
Group Discussion

* What does the mapping exercise mean for your efforts to advance Project Safety Net’s work?

* How might you improve outcomes for Project Safety Net?

* What are some possible first steps?

* Additional comments and take aways
Thank You!

Next PSN Community Meeting: Attention to Youth Voices
February 28, 2018
3:30-5:30 pm
Embarcadero Room, Rinconada Library
Networking
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