Project Safety Net

Community Meeting

November 20, 3:30-5:30 PM

Cubberley Community Center, Building H: Room H-1
PSN Mission Statement

Project Safety Net mobilizes community support and resources in Palo Alto for youth suicide prevention and mental wellness. We are a coalition working on community education, outreach, and training; access to quality youth mental health services; and policy advocacy.
PSN Vision Statement

Young people are empowered, in partnership with the whole community, to advocate for themselves and their peers. Youth suicide is ended. Stigma is non-existent, and high-quality mental health services are culturally-relevant, accessible, and well-utilized. We envision a community where youth and young adults feel safe, supported, and accepted.
“Becoming is better than being.”

~ Carol Dweck
Professor of Psychology, Stanford University
AGENDA

- 3:30  Welcome and Agenda Review
- 3:40  Alum Rock Counseling Center Q&A
- 4:20  Community Sharing
- 4:40  Palo Alto History Museum’s Teen Advisory Council Q&A
- 5:20  Closing, Next Meeting, & Thank You!
- 5:30  Meeting Adjourns & Network
Partner-in-Action

Alum Rock Counseling Center

Zakia Houston,
she/her/hers
Program Lead and
Prevention Specialist

project safety.net
Community Sharing

- Who am I?

- What personal contributions am I grateful for to promote youth suicide prevention, mental wellness, and resiliency?

- What upcoming activities and events would I like to announce?
Project Safety Net Announcements

2019 - 2020 PSN Leadership Team Roadmap Priorities

- 2.4: Professional development for early career and paraprofessionals
- 3.2: Youth mental health resource directory
- 3.3: Youth mental health services navigation to public/private insurance

Independent Incorporation by Spring 2020

- 501c3 application in progress
Project Safety Net Announcements

- **Activating Collaborative Action Teams (CATs)**
  - **Community Education, Outreach & Training**
    - Advance 2019-20 LT Strategic Priority 2.4
    - Plan and Outreach for February & March training community meetings
  - **Youth Mental Health Services Access**
    - Advance 2019-20 LT Strategic Priority 3.2 & 3.3
  - **Policy and Advocacy**
    - Plan and outreach for April 22\textsuperscript{nd} PSN Community Forum: Youth Mental Health Advocacy Forum
  - **Data and Shared Measurement**
    - Promote and implement Search Institute Developmental Relationship Pilot
    - Guide Collective Impact Data Accelerator Activities
Annie Reynolds,
Youth Organizer of
Teen Advisory Council
Please help shape future programs by completing our online evaluation survey!
Closing, Next Meeting, and Thank you!

- Next PSN Community Meeting is **next year**!
  - Jan 22, 2020
  - 3:30-5:30 PM
  - Cubberley Community Center - H1